

It's been in the news that there has been an increase in measles cases in California. The Moorpark Unified School District offers the following information for parents and community members:

*Symptoms of the measles (from the Centers for Disease Control and Prevention):* The symptoms of measles generally appear about seven to 14 days after a person is infected. It typically begins with: high fever, cough, runny nose, and red, watery eyes. Three to five days after symptoms begin, a rash breaks out. When the rash appears, a person's fever may spike to more than 104°. After a few days, the fever subsides and the rash fades. Learn more about measles here: <http://www.cdc.gov/measles>.

Measles is a highly contagious disease. It can be serious for young children. Protect your child by making sure he or she is up to date on vaccinations.

The Moorpark Unified School District has a very high percentage of students (grades K-12) who are fully immunized.

For more information, please contact the Ventura County Health at 805-981-5201 or [www.vchca.org](http://www.vchca.org). Additional immunization information can be found at [www.shotsforschool.org](http://www.shotsforschool.org)